Sound Familiar?

Does Your Boyfriend or Girlfriend...

- Yell, shout, call you names or swear at you?
- Insist on making all the decisions?
- Threaten you, your family or friends?
- Act really jealous?
- Control what you wear, where you go, how you spend your time and who you hang out with?
- Make sexual comments that embarrass you or make you uncomfortable?
- Pressure you to have sex?
- Touch you against your will?
- Follow you, call or page you too often, check up on you or accuse you of being unfaithful?
- Hit, push or kick you?
- Drive in a scary way, or do other things that hurt or scare you?
- Try to control your money or how you spend it?

If any of these behaviors sound familiar, SUPPORT IS AVAILABLE!

Remember...

BEING ABUSED IS NEVER YOUR FAULT AND YOU DON'T DESERVE IT.

You can:

- talk to a good friend or a trusted adult
- call your local crisis center toll-free, 24-hours a day at 1-866-644-3574
- check out a website just for teens at www.reachoutnh.com.



For more Fact Sheets please go to www.ParentHelpNH.org